

Bacterial Meningitis



What is Bacterial Meningitis?

Meningitis caused by bacteria can be deadly and requires immediate medical attention.



What causes Bacterial Meningitis caused?

Several types of bacteria can cause meningitis.



Symptoms of Viral Meningitis

- Fever
- Headache
- Nausea
- Stiff Neck
- Vomiting
- Confusion
- Sensitive eyes to light

FAQS

Are bacterial meningitis infections contagious?

- Yes, bacterial meningitis infections are contagious.

What are the risk factors for bacterial meningitis?

- **Age:** Babies are at increased risk.
- **Group Setting:** Infectious diseases tend to spread where large groups of people gather.
- **Certain medical conditions:** Certain medical conditions, medications, and surgical procedures put people at increased risk for meningitis.
- **Travel:** Travelers may be at increased risk for meningococcal disease, if they travel to certain places, such as:
 - The meningitis belt in sub-Saharan Africa, particularly during the dry season.
 - Mecca during the annual Hajj and Umrah pilgrimage.

How is bacterial meningitis treated?

- Doctors treat bacterial meningitis with a number of antibiotics. It is important to start treatment as soon as possible.

How can you prevent bacterial meningitis?

- Vaccines are the most effective way to protect against certain types of bacterial meningitis.
- Wash your hands with soap and water.
- Avoid close contact with people who are sick.
- Don't smoke and avoid cigarette smoke as much as possible.
- Get plenty of rest.
- Cover your mouth and nose with a tissue when you cough or sneeze.

Viral Meningitis



What is Viral Meningitis?

Viral meningitis (when meningitis is caused by a virus) is the most common type of meningitis. Most people get better on their own without treatment. However, anyone with symptoms of meningitis should see a doctor right away because any type of meningitis can be serious. Only a doctor can determine if someone has meningitis, what is causing it, and the best treatment. Babies younger than 1 month old and people with weakened immune systems are more likely to have severe illness from viral meningitis.



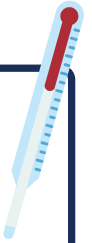
How is Viral Meningitis caused?

- Non-polio enteroviruses are the most common cause in the United States.
- Mumps, Herpesviruses, Measles, Influenza, Arboviruses, & Lymphocytic choriomeningitis virus



Symptoms of Viral Meningitis

- Fever
- Irritability
- Poor Eating
- Sleepiness
- Lethargy (a lack of energy)
- trouble waking up



FAQS

Are viral meningitis infections contagious?

- Viral meningitis infections are contagious.

Who is at a greater risk to get viral meningitis?

- Children younger than 5 years old.
- People with weakened immune systems caused by diseases, medications (such as chemotherapy), and recent organ or bone marrow transplantations.
- Babies younger than 1 month old.

How is viral meningitis treated?

- Mild viral meningitis usually recovers completely in 7 to 10 days without treatment.
- Antiviral medicine may help with meningitis caused by viruses such as herpesvirus and influenza.
- Antibiotics can treat bacterial meningitis.

How can you prevent viral meningitis?

- Wash your hands.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched surfaces.
- Stay home when you are sick and keep sick children out of school.

